



NUTRITION VALUES FOR ARNOTT'S SWEET BISCUITS : AVERAGE VALUES PER 100g AND PER SERVE. © JUNE 2019

This information is correct as of 1 June 2019. We regularly review our formulations, so please always check the product label.

	Per 100g													Per serve														
	HEALTH STAR RATING	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	Fruit %	Serve Size No.	Serve Size g	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg		
PLAINS																												
Arno Shortbread	0.5	2080	5.9	24.1	14.1	-	-	-	62.9	18.8	2.3	459	-	2	23.8	495	1.4	5.7	3.3	-	-	-	15.0	4.5	0.5	109		
Butternut Snap	0.5	2030	4.9	20.6	14.0	-	-	-	67.2	37.8	5.0	534	-	2	23.8	483	1.2	4.9	3.3	-	-	-	16.0	9.0	1.2	127		
Choc Ripple	1	1880	4.5	16.4	8.4	-	-	-	68.6	36.7	4.0	378	-	2	17.8	335	0.8	2.9	1.5	-	-	-	12.2	6.5	0.7	67		
Ginger Nut NSW	1.5	1770	4.4	8.9	4.4	-	-	-	79.5	43.1	1.9	260	-	2	26.4	467	1.2	2.3	1.2	-	-	-	21.0	11.4	0.5	69		
Ginger Nut SA/WA	1	1780	4.2	9.4	4.7	-	-	-	79.0	42.7	1.9	367	-	2	22.7	404	1.0	2.1	1.1	-	-	-	17.9	9.7	0.4	83		
Gingernut QLD	1.5	1870	4.6	11.8	5.9	-	-	-	76.6	37.7	2.1	251	-	2	16.6	310	0.8	2.0	1.0	-	-	-	12.7	6.3	0.3	42		
Gingernut VIC	1.5	1780	4.8	9.0	4.4	-	-	-	79.5	39.1	2.1	198	-	2	17.9	319	0.9	1.6	0.8	-	-	-	14.2	7.0	0.4	36		
Granita	1.5	2000	7.4	20.9	10.5	-	-	-	63.5	19.4	3.5	412	-	2	23.8	476	1.8	5.0	2.5	-	-	-	15.1	4.6	0.8	98		
Holbran	1.5	2100	6.7	26.6	16.0	-	-	-	55.6	21.7	6.9	309	-	1	16.7	351	1.1	4.4	2.7	-	-	-	9.3	3.6	1.2	52		
Malt-O-Milk	1.5	1860	6.6	12.4	6.2	-	-	-	74.6	27.5	2.5	252	-	2	21.3	396	1.4	2.6	1.3	-	-	-	15.9	5.8	0.5	54		
Marie	2	1850	6.6	11.9	5.9	-	-	-	75.1	21.3	2.8	192	-	3	24.3	450	1.6	2.9	1.4	-	-	-	18.3	5.2	0.7	47		
Milk Arrowroot	2	1830	6.7	10.9	5.4	-	-	-	75.8	22.1	2.8	270	-	3	24.3	445	1.6	2.6	1.3	-	-	-	18.4	5.4	0.7	66		
Milk Coffee	1.5	1830	6.6	11.0	5.4	-	-	-	75.7	23.4	2.7	284	-	3	25.8	472	1.7	2.8	1.4	-	-	-	19.5	6.0	0.7	73		
Nice	1.5	1910	5.7	14.5	7.3	-	-	-	74.1	28.7	2.3	354	-	2	23.8	455	1.4	3.5	1.7	-	-	-	17.6	6.8	0.5	84		
Rice Cookies	0.5	2180	9.0	28.5	16.3	-	-	-	55.3	27.5	4.1	525	-	3	23.1	504	2.1	6.6	3.8	-	-	-	12.8	6.3	0.9	121		
Scotch Finger	1	2020	6.3	21.2	12.3	-	-	-	65.4	18.5	2.5	497	-	1	17.9	362	1.1	3.8	2.2	-	-	-	11.7	3.3	0.4	89		
Mini Scotch Finger M/Pack	1	2040	5.7	21.3	12.2	-	-	-	66.8	19.0	2.4	481	-	-	25.0	510	1.4	5.3	3.1	-	-	-	16.7	4.8	0.6	120		
Shredded Wheatmeal	2.5	1717	7.8	11.6	5.4	-	-	-	63.8	16.5	8.9	454	-	3	23.4	402	1.8	2.7	1.3	-	-	-	14.9	3.9	2.1	106		
Teddy Bear	1.5	1880	6.4	11.2	5.5	-	-	-	75.3	24.9	2.6	290	-	2	20.8	391	1.3	2.3	1.1	-	-	-	15.7	5.2	0.5	60		
Yo Yo	1.5	1920	5.9	15.3	8.0	-	-	-	72.7	23.5	2.5	482	-	2	17.8	342	1.0	2.7	1.4	-	-	-	12.9	4.2	0.4	86		



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	HEALTH STAR RATING	Energy	Protein	Fat	Sat Fat	Trans	Poly	Mono	Carb	Sugars	Fibre	Sodium	Fruit	Serve Size		Energy	Protein	Fat	Sat Fat	Trans	Poly	Mono	Carb	Sugars	Fibre	Sodium	
		kJ	g	g	g	g	g	g	g	g	g	mg	%	No.	g	kJ	g	g	g	g	g	g	g	g	g	g	mg
CREAMS																											
Creamy Chocolate	1	2040	4.7	21.1	10.5	-	-	-	68.3	32.6	2.6	236	-	1	14.7	300	0.7	3.1	1.5	-	-	-	10.0	4.8	0.4	35	
Custard Cream	0.5	2070	4.2	22.4	11.4	-	-	-	67.7	31.2	1.8	331	-	1	14.7	304	0.6	3.3	1.7	-	-	-	10.0	4.6	0.3	49	
Delta Cream	1	2040	4.1	21.5	11.0	-	-	-	67.4	34.8	3.3	279	-	1	14.7	300	0.6	3.2	1.6	-	-	-	9.9	5.1	0.5	41	
Kingston	0.5	2110	4.8	25.5	17.5	-	-	-	62.4	42.1	3.7	553	-	1	13.3	281	0.6	3.4	2.3	-	-	-	8.3	5.6	0.5	74	
Lemon Crisp	0.5	2170	4.4	28.1	10.3	-	-	-	61.2	25.0	1.9	503	-	1	13.2	286	0.6	3.7	1.4	-	-	-	8.1	3.3	0.3	66	
Monte Carlo	0.5	2060	3.7	23.0	11.8	-	-	-	66.5	36.2	1.7	284	-	1	20.8	428	0.8	4.8	2.4	-	-	-	13.8	7.5	0.4	59	
Orange Slice	0.5	2030	4.0	20.3	10.3	-	-	-	70.5	36.2	1.7	335	-	1	14.7	298	0.6	3.0	1.5	-	-	-	10.4	5.3	0.2	49	
Shortbread Cream	0.5	2160	4.2	26.4	13.5	-	-	-	64.7	28.1	1.8	384	-	1	16.7	361	0.7	4.4	2.3	-	-	-	10.8	4.7	0.3	64	
Twisted Faves Shortbread Cream Mango & Cream	0.5	2160	4.2	26.4	13.2	-	-	-	64.6	28.1	1.9	390	-	1	16.7	361	0.7	4.4	2.2	-	-	-	10.8	4.7	0.3	65	
Twisted Faves Monte Carlo Salted Caramel	0.5	2050	3.4	22.9	12.1	-	-	-	66.3	35.6	1.7	426	-	1	20.8	426	0.7	4.8	2.5	-	-	-	13.8	7.4	0.4	89	
COOKIES																											
Farmbake Butter Shortbread	1	2160	5.5	27.5	15.6	-	-	-	60.5	15.9	2.3	186	-	2	25.0	540	1.4	6.9	3.9	-	-	-	15.1	4.0	0.6	46	
Farmbake Chocolate Chip	1	2010	3.7	20.0	10.3	-	-	-	70.5	36.7	1.3	265	-	2	25.0	503	0.9	5.0	2.6	-	-	-	17.6	9.2	0.3	66	
Farmbake Chocolate Chip Fudge	1	1980	5.2	19.2	9.9	-	-	-	68.6	37.0	2.0	207	-	2	25.0	495	1.3	4.8	2.5	-	-	-	17.1	9.3	0.5	52	
Farmbake Crunchy Oat & Fruit	1	1970	5.0	18.7	11.5	-	-	-	68.4	36.4	4.5	353	-	2	25.0	493	1.3	4.7	2.9	-	-	-	17.1	9.1	1.1	88	
Farmbake Golden Crunch	0.5	2010	4.9	20.5	14.2	-	-	-	66.8	37.3	4.5	533	-	2	25.0	503	1.2	5.1	3.6	-	-	-	16.7	9.3	1.1	133	
Farmbake Peanut Brownie	1	2050	7.9	22.5	8.7	-	-	-	62.3	27.9	3.3	393	-	2	25.0	513	2.0	5.6	2.2	-	-	-	15.6	7.0	0.8	99	
Farmbake Triple Choc	0.5	2030	4.5	22.2	12.4	-	-	-	65.3	36.8	2.5	264	-	2	25.0	508	1.1	5.6	3.1	-	-	-	16.3	9.2	0.6	66	
Farmbake White Choc Chip	0.5	2040	3.9	21.5	12.7	-	-	-	68.4	37.3	1.6	266	-	2	25.0	510	1.0	5.4	3.2	-	-	-	17.1	9.3	0.4	67	
Premier Chocolate Chip Cookies	0.5	2130	5.1	25.4	14.8	-	-	-	63.8	37.6	1.8	219	-	1	14.8	315	0.7	3.8	2.2	-	-	-	9.4	5.6	0.3	32	
Mini Chocolate Chip Cookies M/Pack	0.5	2080	5.0	25.2	14.6	-	-	-	61.0	29.7	3.3	291	-	M/P	25.0	520	1.2	6.3	3.6	-	-	-	15.3	7.4	0.8	73	
Mini Chocolate Chip Rainbow Cookies M/Pack	0.5	2070	4.7	24.2	14.1	-	-	-	63.3	30.5	2.7	270	-	M/p	25.0	518	1.2	6.0	3.5	-	-	-	15.8	7.6	0.7	68	
Mini Double Choc Caramel Cookies M/Pack	0.5	2040	5.2	23.6	13.6	-	-	-	61.6	29.8	4.2	293	-	M/P	25.0	510	1.3	5.9	3.4	-	-	-	15.4	7.4	1.0	73	



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	HEALTH STAR RATING	Energy	Protein	Fat	Sat Fat	Trans	Poly	Mono	Carb	Sugars	Fibre	Sodium	Fruit	Serve Size		Energy	Protein	Fat	Sat Fat	Trans	Poly	Mono	Carb	Sugars	Fibre	Sodium	
			kJ	g	g	g	g	g	g	g	g	g	mg	%	No.	g	kJ	g	g	g	g	g	g	g	g	g	g
CHOCOLATE																											
Caramel Crowns	0.5	1930	5.3	19.9	12.2	-	-	-	64.0	45.2	1.5	155	-	1	16.7	322	0.9	3.3	2.0	-	-	-	10.7	7.5	0.3	26	
Chocolate Butternut Snap	0.5	2090	5.5	23.4	15.6	-	-	-	64.6	43.1	4.0	413	-	1	16.7	349	0.9	3.9	2.6	-	-	-	10.8	7.2	0.7	69	
Chocolate Digestive Milk	1	2070	6.2	23.5	13.3	-	-	-	62.9	34.4	3.5	240	-	1	16.7	346	1.0	3.9	2.2	-	-	-	10.5	5.7	0.6	40	
Chocolate Digestive Dark	1	2040	5.9	23.4	13.1	-	-	-	60.7	30.8	5.4	219	-	1	16.7	341	1.0	3.9	2.2	-	-	-	10.1	5.1	0.9	37	
Chocolate Digestive Fruit & Milk	0.5	2050	6.1	22.4	12.7	-	-	-	63.9	36.4	3.7	231	-	1	16.7	342	1.0	3.7	2.1	-	-	-	10.7	6.1	0.6	39	
Chocolate Monte	0.5	2100	5.5	24.9	14.2	-	-	-	62.1	36.2	3.4	268	-	1	12.5	263	0.7	3.1	1.8	-	-	-	7.8	4.5	0.4	33	
Chocolate Royals Dark	1.5	1780	4.5	16.2	9.4	-	-	-	63.4	43.3	3.1	88	-	1	16.7	297	0.8	2.7	1.6	-	-	-	10.6	7.2	0.5	15	
Chocolate Royals Milk	1	1800	4.7	16.1	9.5	-	-	-	65.7	46.6	1.3	113	-	1	16.7	301	0.8	2.7	1.6	-	-	-	11.0	7.8	0.2	19	
Chocolate Scotch Finger	0.5	2070	6.3	23.2	13.8	-	-	-	63.8	26.6	2.2	410	-	1	22.7	470	1.4	5.3	3.1	-	-	-	14.5	6.0	0.5	93	
Chocolate Teddy Bear	1	1980	5.9	19.2	11.1	-	-	-	67.1	36.1	3.6	175	-	1	16.7	331	1.0	3.2	1.9	-	-	-	11.2	6.0	0.6	29	
Chocolate Wheaten Milk	1	2060	6.2	24.0	13.4	-	-	-	60.0	34.1	5.1	363	-	1	12.5	258	0.8	3.0	1.7	-	-	-	7.5	4.3	0.6	45	
Gaiety	0.5	2240	5.2	30.1	17.4	-	-	-	59.9	47.1	2.1	73	-	1	13.3	298	0.7	4.0	2.3	-	-	-	8.0	6.3	0.3	10	
Mint Slice	0.5	2200	4.1	29.2	16.2	-	-	-	60.1	42.6	3.4	135	-	1	15.4	339	0.6	4.5	2.5	-	-	-	9.3	6.6	0.5	21	
Tee Vee Snacks Malt Sticks	0.5	2030	6.8	20.4	11.9	-	-	-	67.4	37.5	2.2	202	-	8	22.4	455	1.5	4.6	2.7	-	-	-	15.1	8.4	0.5	45	
Tee Vee Snacks Original	1	2020	5.8	18.9	10.7	-	-	-	69.9	35.1	3.6	177	-	4	20.4	412	1.2	3.9	2.2	-	-	-	14.3	7.2	0.7	36	
Wagon Wheels Original	1	1800	3.8	15.6	11.0	-	-	-	67.1	43.7	2.2	112	-	1	48.0	864	1.8	7.5	5.3	-	-	-	32.2	21.0	1.1	54	
Wagon Wheels Original Mini	1	1840	3.8	16.6	11.8	-	-	-	67.2	41.7	2.4	122	-	1	24.0	442	0.9	4.0	2.8	-	-	-	16.1	10.0	0.6	29	
Tim Tam Chewy Caramel	0.5	2080	4.7	23.9	13.7	-	-	-	65.1	46.8	1.5	193	-	1	19.4	404	0.9	4.6	2.7	-	-	-	12.6	9.1	0.3	38	
Tim Tam Classic Dark	0.5	2160	4.4	26.5	14.4	-	-	-	64.3	42.4	1.9	153	-	1	18.3	395	0.8	4.8	2.6	-	-	-	11.8	7.8	0.3	28	
Tim Tam Double Coat	0.5	2190	4.9	27.7	16.0	-	-	-	62.8	47.3	1.6	144	-	1	22.2	486	1.1	6.2	3.5	-	-	-	13.9	10.5	0.4	32	
Tim Tam Original	0.5	2170	4.6	26.9	15.1	-	-	-	63.9	44.9	1.7	161	-	1	18.3	397	0.9	4.9	2.8	-	-	-	11.7	8.2	0.3	29	
Tim Tam White	0.5	2270	4.9	30.3	20.5	-	-	-	62.2	44.4	1.3	140	-	1	18.3	415	0.9	5.5	3.8	-	-	-	11.4	8.1	0.2	26	
Tim Tam Choc Mint	0.5	2160	4.5	27.3	15.0	-	-	-	61.7	41.9	3.0	162	-	1	17.8	384	0.8	4.9	2.7	-	-	-	11.0	7.5	0.5	29	
Tim Tam Honeycomb	0.5	2180	4.2	27.4	15.2	-	-	-	64.1	43.0	1.4	160	-	1	17.8	388	0.8	4.9	2.7	-	-	-	11.4	7.7	0.3	29	
Tim Tam Slam Choc Hazelnut & Goopy Caramel	0.5	2070	4.6	23.9	13.6	-	-	-	64.4	45.2	1.7	165	-	1	19.4	402	0.9	4.6	2.6	-	-	-	12.5	8.8	0.3	32	
Tim Tam Slam Choc Malt & Sticky Caramel	0.5	2080	4.7	24.0	13.7	-	-	-	64.6	45.9	1.3	140	-	1	19.4	404	0.9	4.7	2.7	-	-	-	12.5	8.9	0.3	27	
Tim Tam Slam Dark Choc & Sticky Raspberry	0.5	2030	3.9	22.1	12.3	-	-	-	65.9	43.7	3.1	138	-	1	19.4	394	0.7	4.3	2.4	-	-	-	12.8	8.5	0.6	27	
Arnott's Bites Caramel Crown	0.5	2120	5.8	26.5	17.0	-	-	-	60.7	52.6	1.3	143	-	2	17.0	360	1.0	4.5	2.9	-	-	-	10.3	8.9	0.2	24	
Arnott's Bites Mint Slice	0.5	2330	5.1	33.8	19.3	-	-	-	57.8	46.0	1.1	128	-	2	17.0	396	0.9	5.7	3.3	-	-	-	9.8	7.8	0.2	22	
Arnott's Bites Tim Tam	0.5	2310	5.5	33.5	19.7	-	-	-	56.6	50.2	1.4	137	-	2	17.0	393	0.9	5.7	3.4	-	-	-	9.6	8.5	0.2	23	



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FANCY																												
Fruits & Roots Choc & Berry Cookies with Beetroot	1	1660	3.2	18.7	12.5	-	-	-	51.0	31.3	5.5	370	-	2	35.0	581	1.1	6.6	4.4	-	-	-	17.8	10.9	1.9	129		
Fruits & Roots Apple & Oat Cookies with Carrot	1.5	1770	4.6	17.8	10.8	-	-	-	58.4	24.1	5.5	466	-	2	35.0	620	1.6	6.2	3.8	-	-	-	20.5	8.4	1.9	163		
Fruits & Roots Coconut & Apricot Cookies with Sweet Potato	0.5	1910	3.5	28.0	21.4	-	-	-	45.8	29.0	5.3	395	-	2	35.0	669	1.2	9.8	7.5	-	-	-	16.0	10.1	1.9	138		
Simple Batch Vanilla Butter Biscuits	0.5	2150	4.6	27.3	18.2	-	-	-	61.3	22.5	2.1	356	-	2	24.0	516	1.1	6.6	4.4	-	-	-	14.7	5.4	0.5	86		
Simple Batch Honey Cinnamon Butter Biscuits	0.5	2160	4.6	27.8	17.7	-	-	-	61.0	22.7	2.3	358	-	2	24.0	518	1.1	6.7	4.2	-	-	-	14.6	5.4	0.5	86		
Simple Batch Anzac Biscuits	0.5	2130	5.1	26.6	18.8	-	-	-	60.5	30.0	4.3	342	-	2	26.7	569	1.3	7.1	5.0	-	-	-	16.1	8.0	1.1	91		
Simple Batch Choc Coconut Biscuits	0.5	2160	5.6	28.8	20.6	-	-	-	55.8	29.5	6.0	411	-	2	26.7	577	1.5	7.7	5.5	-	-	-	14.9	7.9	1.6	110		
Fun Sticks Choc	1.5	1970	4.7	18.1	7.9	-	-	-	70.3	33.6	3.2	240	-	M/P	18.0	355	0.8	3.3	1.4	-	-	-	12.7	6.0	0.6	43		
Fun Sticks Vanilla	1.5	1970	3.1	18.1	7.7	-	-	-	71.8	32.5	3.1	245	-	M/P	18.0	355	0.6	3.3	1.4	-	-	-	12.9	5.8	0.6	44		
Honey Jumbles	1.5	1610	4.3	4.6	2.0	-	-	-	80.0	49.2	1.6	252	-	2	20.8	335	0.9	0.9	0.4	-	-	-	16.6	10.2	0.3	52		
Hundreds & Thousands	1.5	1710	4.1	8.0	4.0	-	-	-	78.4	45.8	1.6	229	-	2	16.6	284	0.7	1.3	0.7	-	-	-	13.0	7.6	0.3	38		
Iced Animals	1.5	1720	4.9	8.3	4.0	-	-	-	77.5	39.8	1.9	201	-	4	23.5	404	1.2	2.0	0.9	-	-	-	18.2	9.4	0.5	47		
Iced Vo Vo	1	1760	3.6	11.6	7.6	-	-	-	73.6	44.1	2.5	205	-	1	13.1	231	0.5	1.5	1.0	-	-	-	9.6	5.8	0.3	27		
Lattice	0.5	2160	11.2	27.3	22.8	-	-	-	55.3	11.9	3.5	390	-	2	20.0	432	2.2	5.5	4.6	-	-	-	11.1	2.4	0.7	78		
Raspberry Shortcake	1.5	1840	4.1	17.3	9.4	-	-	-	65.8	32.1	2.3	168	-	1	15.6	287	0.6	2.7	1.5	-	-	-	10.3	5.0	0.4	26		
Tic Toc	1.5	1810	4.6	12.8	6.2	-	-	-	73.0	38.8	1.8	220	-	2	17.8	322	0.8	2.3	1.1	-	-	-	13.0	6.9	0.3	39		
Tina Wafer	0.5	2180	2.8	26.0	12.9	-	-	-	68.4	44.2	1.8	53	-	2	16.7	364	0.5	4.3	2.2	-	-	-	11.4	7.4	0.3	9		
Triple Wafer	0.5	2180	3.0	25.6	12.7	-	-	-	68.6	43.4	1.8	55	-	2	14.3	312	0.4	3.7	1.8	-	-	-	9.8	6.2	0.3	8		
Venetian	0.5	2180	4.5	27.8	20.1	-	-	-	62.1	37.6	2.2	380	2.0	1	12.5	273	0.6	3.5	2.5	-	-	-	7.8	4.7	0.3	47		
FRUIT																												
Full O' Fruit	2.5	1480	4.6	5.7	2.9	-	-	-	68.0	44.8	4.6	141	54.0	2	20.0	296	0.9	1.1	0.6	-	-	-	13.6	9.0	0.9	28		
Snack Right Fruit Pillow Wild Berry	2.5	1590	4.1	7.4	2.4	0.0	1.5	3.5	70.7	43.5	5.1	240	39.5	2	33.4	531	1.4	2.5	0.8	0.0	0.5	1.2	23.6	14.5	1.7	80		
Snack Right Fruit Slice Sultana	2.5	1500	5.3	2.9	0.7	0.0	0.8	1.4	73.7	50.5	6.1	150	56.0	3	30.0	450	1.6	0.9	0.2	0.0	0.2	0.4	22.1	15.2	1.8	45		
Snack Right Fruit Slice Sultana & Chocolate	2	1670	5.2	9.5	5.2	0.0	0.7	3.6	70.8	51.3	5.0	128	42.0	2	25.0	418	1.3	2.4	1.3	0.0	0.2	0.9	17.7	12.8	1.3	32		
Spicy Fruit Roll	1.5	1580	4.0	6.4	3.3	-	-	-	74.7	52.5	1.1	168	45.0	2	33.4	528	1.3	2.1	1.1	-	-	-	25.0	17.5	0.4	56		
TINY TEDDY																												
Tiny Teddy & Spotty Dog Chocolate Chip	2	1850	6.9	13.7	6.9	-	-	-	70.1	26.4	4.6	287	-	M/P	23.0	426	1.6	3.2	1.6	-	-	-	16.1	6.1	1.1	66		
Tiny Teddy Chocolate	2	1850	7.4	13.3	6.3	-	-	-	70.6	25.8	4.4	333	-	M/P	25.0	463	1.9	3.3	1.6	-	-	-	17.7	6.5	1.1	83		
Tiny Teddy Chocolate Chip	1.5	1930	8.5	14.3	7.6	-	-	-	71.7	26.6	4.3	330	-	M/P	25.0	483	2.1	3.6	1.9	-	-	-	17.9	6.7	1.1	83		
Tiny Teddy Half Coat Milk Chocolate	1.5	1960	6.8	18.2	10.3	-	-	-	66.4	32.4	4.9	321	-	M/P	25.0	490	1.7	4.6	2.6	-	-	-	16.6	8.1	1.2	80		
Tiny Teddy Honey	1.5	1860	6.9	13.4	7.1	-	-	-	71.3	25.1	4.5	346	-	M/P	25.0	465	1.7	3.4	1.8	-	-	-	17.8	6.3	1.1	87		
Tiny Teddy Hundreds & Thousands	1.5	1840	5.0	12.5	6.6	-	-	-	74.1	29.3	4.6	292	-	M/P	23.0	423	1.1	2.9	1.5	-	-	-	17.0	6.7	1.1	67		
Tiny Teddy Oat & Honey	4	1810	6.9	13.9	2.6	-	-	-	64.4	17.1	9.9	221	-	M/P	21.0	380	1.4	2.9	0.5	-	-	-	13.5	3.6	2.1	46		
Tiny Teddy Cheese Crackers	4	1840	6.9	21.1	2.1	-	-	-	57.7	4.0	10.0	394	-	M/P	21.0	386	1.5	4.4	0.4	-	-	-	12.1	0.8	2.1	83		



NUTRITION VALUES FOR ARNOTT'S SWEET BISCUITS : AVERAGE VALUES PER 100g AND PER SERVE. © JUNE 2019

This information is correct as of 1 June 2019. We regularly review our formulations, so please always check the product label.

	Per 100g													Per serve													
	HEALTH STAR RATING	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	Fruit %	Serve Size		Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	
CAKES														No.	g												
Arnotts Mini Cakes Monte Carlo	1.5	1780	4.7	21.1	5.7	-	-	-	53.8	35.2	2.0	280	-	1	36.0	641	1.7	7.6	2.1	-	-	-	19.4	12.7	0.7	101	
Arnotts Mini Cakes Mint Slice	1.5	1820	4.2	21.1	7.9	-	-	-	56.4	34.8	2.0	306	-	1	36.0	655	1.5	7.6	2.8	-	-	-	20.3	12.5	0.7	110	
Arnotts Sponge Cake Iced Vovo	1	1520	3.4	10.0	6.0	-	-	-	63.7	42.5	0.9	284	-	1	33.0	501	1.1	3.3	2.0	-	-	-	21.0	14.0	0.3	94	
Arnotts Brownie Caramel Crown	1.5	1860	5.2	21.0	7.9	-	-	-	57.6	37.0	3.0	292	-	1	36.0	670	1.9	7.6	2.8	-	-	-	20.7	13.3	1.1	105	