



NUTRITION VALUES FOR ARNOTT'S SWEET BISCUITS : AVERAGE VALUES PER 100g AND PER SERVE. © MARCH 2019

This information is correct as of 1 March 2019. We regularly review our formulations, so please always check the product label.

	Per 100g													Per serve														
	HEALTH STAR RATING	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	Fruit %	No. bisc.	Size g	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg		
PLAINS																												
Arno Shortbread	0.5	2080	5.9	24.1	14.1	-	-	-	62.9	18.8	2.3	459	-	2	23.8	495	1.4	5.7	3.3	-	-	-	15.0	4.5	0.5	109		
Butternut Snap	0.5	2030	4.9	20.6	14.0	-	-	-	67.2	37.8	5.0	534	-	2	23.8	483	1.2	4.9	3.3	-	-	-	16.0	9.0	1.2	127		
Choc Ripple	1	1880	4.5	16.4	8.4	-	-	-	68.6	36.7	4.0	378	-	2	17.8	335	0.8	2.9	1.5	-	-	-	12.2	6.5	0.7	67		
Ginger Nut NSW	1.5	1770	4.4	8.9	4.4	-	-	-	79.5	43.1	1.9	260	-	2	26.4	467	1.2	2.3	1.2	-	-	-	21.0	11.4	0.5	69		
Ginger Nut SA/WA	1	1780	4.2	9.4	4.7	-	-	-	79.0	42.7	1.9	367	-	2	22.7	404	1.0	2.1	1.1	-	-	-	17.9	9.7	0.4	83		
Gingernut QLD	1.5	1870	4.6	11.8	5.9	-	-	-	76.6	37.7	2.1	251	-	2	16.6	310	0.8	2.0	1.0	-	-	-	12.7	6.3	0.3	42		
Gingernut VIC	1.5	1780	4.8	9.0	4.4	-	-	-	79.5	39.1	2.1	198	-	2	17.9	319	0.9	1.6	0.8	-	-	-	14.2	7.0	0.4	36		
Granita	1.5	2000	7.4	20.9	10.5	-	-	-	63.5	19.4	3.5	412	-	2	23.8	476	1.8	5.0	2.5	-	-	-	15.1	4.6	0.8	98		
Holbran	1.5	2100	6.7	26.6	16.0	-	-	-	55.6	21.7	6.9	309	-	1	16.7	351	1.1	4.4	2.7	-	-	-	9.3	3.6	1.2	52		
Malt-O-Milk	1.5	1860	6.6	12.4	6.2	-	-	-	74.6	27.5	2.5	252	-	2	21.3	396	1.4	2.6	1.3	-	-	-	15.9	5.8	0.5	54		
Marie	2	1850	6.6	11.9	5.9	-	-	-	75.1	21.3	2.8	192	-	3	24.3	450	1.6	2.9	1.4	-	-	-	18.3	5.2	0.7	47		
Milk Arrowroot	2	1830	6.7	10.9	5.4	-	-	-	75.8	22.1	2.8	270	-	3	24.3	445	1.6	2.6	1.3	-	-	-	18.4	5.4	0.7	66		
Milk Coffee	1.5	1830	6.6	11.0	5.4	-	-	-	75.7	23.4	2.7	284	-	3	25.8	472	1.7	2.8	1.4	-	-	-	19.5	6.0	0.7	73		
Nice	1.5	1910	5.7	14.5	7.3	-	-	-	74.1	28.7	2.3	354	-	2	23.8	455	1.4	3.5	1.7	-	-	-	17.6	6.8	0.5	84		
Rice Cookies	0.5	2180	9.0	28.5	16.3	-	-	-	55.3	27.5	4.1	525	-	3	23.1	504	2.1	6.6	3.8	-	-	-	12.8	6.3	0.9	121		
Scotch Finger	1	2020	6.3	21.2	12.3	-	-	-	65.4	18.5	2.5	497	-	1	17.9	362	1.1	3.8	2.2	-	-	-	11.7	3.3	0.4	89		
Mini Scotch Finger M/Pack	1	2040	5.7	21.3	12.2	-	-	-	66.8	19.0	2.4	481	-	-	25.0	510	1.4	5.3	3.1	-	-	-	16.7	4.8	0.6	120		
Shredded Wheatmeal	2.5	1717	7.8	11.6	5.4	-	-	-	63.8	16.5	8.9	454	-	3	23.4	402	1.8	2.7	1.3	-	-	-	14.9	3.9	2.1	106		
Teddy Bear	1.5	1880	6.4	11.2	5.5	-	-	-	75.3	24.9	2.6	290	-	2	20.8	391	1.3	2.3	1.1	-	-	-	15.7	5.2	0.5	60		
Yo Yo	1.5	1920	5.9	15.3	8.0	-	-	-	72.7	23.5	2.5	482	-	2	17.8	342	1.0	2.7	1.4	-	-	-	12.9	4.2	0.4	86		



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	HEALTH STAR RATING	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	Fruit %	No. bisc.	Size g	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	
CREAMS																											
Creamy Chocolate	1	2040	4.7	21.1	10.5	-	-	-	68.3	32.6	2.6	236	-	1	14.7	300	0.7	3.1	1.5	-	-	-	10.0	4.8	0.4	35	
Custard Cream	0.5	2070	4.2	22.4	11.4	-	-	-	67.7	31.2	1.8	331	-	1	14.7	304	0.6	3.3	1.7	-	-	-	10.0	4.6	0.3	49	
Delta Cream	1	2040	4.1	21.5	11.0	-	-	-	67.4	34.8	3.3	279	-	1	14.7	300	0.6	3.2	1.6	-	-	-	9.9	5.1	0.5	41	
Kingston	0.5	2110	4.8	25.5	17.5	-	-	-	62.4	42.1	3.7	553	-	1	13.3	281	0.6	3.4	2.3	-	-	-	8.3	5.6	0.5	74	
Lemon Crisp	0.5	2170	4.4	28.1	10.3	-	-	-	61.2	25.0	1.9	503	-	1	13.2	286	0.6	3.7	1.4	-	-	-	8.1	3.3	0.3	66	
Monte Carlo	0.5	2060	3.7	23.0	11.8	-	-	-	66.5	36.2	1.7	284	-	1	20.8	428	0.8	4.8	2.4	-	-	-	13.8	7.5	0.4	59	
Orange Slice	0.5	2030	4.0	20.3	10.3	-	-	-	70.5	36.2	1.7	335	-	1	14.7	298	0.6	3.0	1.5	-	-	-	10.4	5.3	0.2	49	
Shortbread Cream	0.5	2160	4.2	26.4	13.5	-	-	-	64.7	28.1	1.8	384	-	1	16.7	361	0.7	4.4	2.3	-	-	-	10.8	4.7	0.3	64	
Twisted Faves Shortbread Cream Mango & Cream	0.5	2160	4.2	26.4	13.2	-	-	-	64.6	28.1	1.9	390	-	1	16.7	361	0.7	4.4	2.2	-	-	-	10.8	4.7	0.3	65	
Twisted Faves Monte Carlo Salted Caramel	0.5	2050	3.4	22.9	12.1	-	-	-	66.3	35.6	1.7	426	-	1	20.8	426	0.7	4.8	2.5	-	-	-	13.8	7.4	0.4	89	
COOKIES																											
Farmbake Butter Shortbread	1	2160	5.5	27.5	15.6	-	-	-	60.5	15.9	2.3	186	-	2	25.0	540	1.4	6.9	3.9	-	-	-	15.1	4.0	0.6	46	
Farmbake Chocolate Chip	1	2010	3.7	20.0	10.3	-	-	-	70.5	36.7	1.3	265	-	2	25.0	503	0.9	5.0	2.6	-	-	-	17.6	9.2	0.3	66	
Farmbake Chocolate Chip Fudge	1	1980	5.2	19.2	9.9	-	-	-	68.6	37.0	2.0	207	-	2	25.0	495	1.3	4.8	2.5	-	-	-	17.1	9.3	0.5	52	
Farmbake Crunchy Oat & Fruit	1	1970	5.0	18.7	11.5	-	-	-	68.4	36.4	4.5	353	-	2	25.0	493	1.3	4.7	2.9	-	-	-	17.1	9.1	1.1	88	
Farmbake Golden Crunch	0.5	2010	4.9	20.5	14.2	-	-	-	66.8	37.3	4.5	533	-	2	25.0	503	1.2	5.1	3.6	-	-	-	16.7	9.3	1.1	133	
Farmbake Peanut Brownie	1	2050	7.9	22.5	8.7	-	-	-	62.3	27.9	3.3	393	-	2	25.0	513	2.0	5.6	2.2	-	-	-	15.6	7.0	0.8	99	
Farmbake Triple Choc	0.5	2030	4.5	22.2	12.4	-	-	-	65.3	36.8	2.5	264	-	2	25.0	508	1.1	5.6	3.1	-	-	-	16.3	9.2	0.6	66	
Farmbake White Choc Chip	0.5	2040	3.9	21.5	12.7	-	-	-	68.4	37.3	1.6	266	-	2	25.0	510	1.0	5.4	3.2	-	-	-	17.1	9.3	0.4	67	
Premier Chocolate Chip Cookies	0.5	2130	5.1	25.4	14.8	-	-	-	63.8	37.6	1.8	219	-	1	14.8	315	0.7	3.8	2.2	-	-	-	9.4	5.6	0.3	32	
Mini Chocolate Chip Cookies M/Pack	0.5	2080	5.0	25.2	14.6	-	-	-	61.0	29.7	3.3	291	-	-	25.0	520	1.2	6.3	3.6	-	-	-	15.3	7.4	0.8	73	
Mini Chocolate Chip Rainbow Cookies M/Pack	0.5	2070	4.7	24.2	14.1	-	-	-	63.3	30.5	2.7	270	-	-	25.0	518	1.2	6.0	3.5	-	-	-	15.8	7.6	0.7	68	
Mini Double Choc Caramel Cookies M/Pack	0.5	2040	5.2	23.6	13.6	-	-	-	61.6	29.8	4.2	293	-	-	25.0	510	1.3	5.9	3.4	-	-	-	15.4	7.4	1.0	73	



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	HEALTH STAR RATING	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	Fruit %	No. bisc.	Size g	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	
CHOCOLATE																											
Caramel Crowns	0.5	1930	5.3	19.9	12.2	-	-	-	64.0	45.2	1.5	155	-	1	16.7	322	0.9	3.3	2.0	-	-	-	10.7	7.5	0.3	26	
Chocolate Butternut Snap	0.5	2090	5.5	23.4	15.6	-	-	-	64.6	43.1	4.0	413	-	1	16.7	349	0.9	3.9	2.6	-	-	-	10.8	7.2	0.7	69	
Chocolate Digestive Milk	1	2070	6.2	23.5	13.3	-	-	-	62.9	34.4	3.5	240	-	1	16.7	346	1.0	3.9	2.2	-	-	-	10.5	5.7	0.6	40	
Chocolate Digestive Dark	1	2040	5.9	23.4	13.1	-	-	-	60.7	30.8	5.4	219	-	1	16.7	341	1.0	3.9	2.2	-	-	-	10.1	5.1	0.9	37	
Chocolate Digestive Fruit & Milk	0.5	2050	6.1	22.4	12.7	-	-	-	63.9	36.4	3.7	231	-	1	16.7	342	1.0	3.7	2.1	-	-	-	10.7	6.1	0.6	39	
Chocolate Monte	0.5	2100	5.5	24.9	14.2	-	-	-	62.1	36.2	3.4	268	-	1	12.5	263	0.7	3.1	1.8	-	-	-	7.8	4.5	0.4	33	
Chocolate Royals Dark	1.5	1780	4.5	16.2	9.4	-	-	-	63.4	43.3	3.1	88	-	1	16.7	297	0.8	2.7	1.6	-	-	-	10.6	7.2	0.5	15	
Chocolate Royals Milk	1	1800	4.7	16.1	9.5	-	-	-	65.7	46.6	1.3	113	-	1	16.7	301	0.8	2.7	1.6	-	-	-	11.0	7.8	0.2	19	
Chocolate Scotch Finger	0.5	2070	6.3	23.2	13.8	-	-	-	63.8	26.6	2.2	410	-	1	22.7	470	1.4	5.3	3.1	-	-	-	14.5	6.0	0.5	93	
Chocolate Teddy Bear	1	1980	5.9	19.2	11.1	-	-	-	67.1	36.1	3.6	175	-	1	16.7	331	1.0	3.2	1.9	-	-	-	11.2	6.0	0.6	29	
Chocolate Wheaten Milk	1	2060	6.2	24.0	13.4	-	-	-	60.0	34.1	5.1	363	-	1	12.5	258	0.8	3.0	1.7	-	-	-	7.5	4.3	0.6	45	
Gaiety	0.5	2240	5.2	30.1	17.4	-	-	-	59.9	47.1	2.1	73	-	1	13.3	298	0.7	4.0	2.3	-	-	-	8.0	6.3	0.3	10	
Mint Slice	0.5	2200	4.1	29.2	16.2	-	-	-	60.1	42.6	3.4	135	-	1	15.4	339	0.6	4.5	2.5	-	-	-	9.3	6.6	0.5	21	
Tee Vee Snacks Malt Sticks	0.5	2030	6.8	20.4	11.9	-	-	-	67.4	37.5	2.2	202	-	8	22.4	455	1.5	4.6	2.7	-	-	-	15.1	8.4	0.5	45	
Tee Vee Snacks Original	1	2020	5.8	18.9	10.7	-	-	-	69.9	35.1	3.6	177	-	4	20.4	412	1.2	3.9	2.2	-	-	-	14.3	7.2	0.7	36	
Wagon Wheels Original	1	1800	3.8	15.6	11.0	-	-	-	67.1	43.7	2.2	112	-	1	48.0	864	1.8	7.5	5.3	-	-	-	32.2	21.0	1.1	54	
Wagon Wheels Original Mini	1	1840	3.8	16.6	11.8	-	-	-	67.2	41.7	2.4	122	-	1	24.0	442	0.9	4.0	2.8	-	-	-	16.1	10.0	0.6	29	
Tim Tam Chewy Caramel	0.5	2080	4.7	23.9	13.7	-	-	-	65.1	46.8	1.5	193	-	1	19.4	404	0.9	4.6	2.7	-	-	-	12.6	9.1	0.3	38	
Tim Tam Classic Dark	0.5	2160	4.4	26.5	14.4	-	-	-	64.3	42.4	1.9	153	-	1	18.3	395	0.8	4.8	2.6	-	-	-	11.8	7.8	0.3	28	
Tim Tam Double Coat	0.5	2190	4.9	27.7	16.0	-	-	-	62.8	47.3	1.6	144	-	1	22.2	486	1.1	6.2	3.5	-	-	-	13.9	10.5	0.4	32	
Tim Tam Original	0.5	2170	4.6	26.9	15.1	-	-	-	63.9	44.9	1.7	161	-	1	18.3	397	0.9	4.9	2.8	-	-	-	11.7	8.2	0.3	29	
Tim Tam White	0.5	2270	4.9	30.3	20.5	-	-	-	62.2	44.4	1.3	140	-	1	18.3	415	0.9	5.5	3.8	-	-	-	11.4	8.1	0.2	26	
Tim Tam Mango	0.5	2200	4.3	27.4	15.2	-	-	-	64.5	45.2	1.4	135	-	1	18.3	403	0.8	5.0	2.8	-	-	-	11.8	8.3	0.3	25	
Tim Tam Choc Mint	0.5	2160	4.5	27.3	15.0	-	-	-	61.7	41.9	2.9	158	-	1	17.8	384	0.8	4.9	2.7	-	-	-	11.0	7.5	0.5	28	
Tim Tam Honeycomb	0.5	2180	4.2	27.4	15.2	-	-	-	64.1	43.0	1.4	160	-	1	17.8	388	0.8	4.9	2.7	-	-	-	11.4	7.7	0.3	29	
Tim Tam Slam Choc Hazelnut & Goopy Caramel	0.5	2070	4.6	23.9	13.6	-	-	-	64.4	45.2	1.7	165	-	1	19.4	402	0.9	4.6	2.6	-	-	-	12.5	8.8	0.3	32	
Tim Tam Slam Choc Malt & Sticky Caramel	0.5	2080	4.7	24.0	13.7	-	-	-	64.6	45.9	1.3	140	-	1	19.4	404	0.9	4.7	2.7	-	-	-	12.5	8.9	0.3	27	
Tim Tam Slam Dark Choc & Sticky Raspberry	0.5	2030	3.9	22.1	12.3	-	-	-	65.9	43.7	3.1	138	-	1	19.4	394	0.7	4.3	2.4	-	-	-	12.8	8.5	0.6	27	
Arnott's Bites Caramel Crown	0.5	2120	5.8	26.5	17.0	-	-	-	60.7	52.6	1.3	143	-	2	17.0	360	1.0	4.5	2.9	-	-	-	10.3	8.9	0.2	24	
Arnott's Bites Mint Slice	0.5	2330	5.1	33.8	19.3	-	-	-	57.8	46.0	1.1	128	-	2	17.0	396	0.9	5.7	3.3	-	-	-	9.8	7.8	0.2	22	
Arnott's Bites Tim Tam	0.5	2310	5.5	33.5	19.7	-	-	-	56.6	50.2	1.4	137	-	2	17.0	393	0.9	5.7	3.4	-	-	-	9.6	8.5	0.2	23	



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CAKES																											
Arnotts Mini Cakes Monte Carlo	1.5	1780	4.7	21.1	5.7	-	-	-	53.8	35.2	2.0	280	-	1	36.0	641	1.7	7.6	2.1	-	-	-	19.4	12.7	0.7	101	
Arnotts Mini Cakes Mint Slice	1.5	1820	4.2	21.1	7.9	-	-	-	56.4	34.8	2.0	306	-	1	36.0	655	1.5	7.6	2.8	-	-	-	20.3	12.5	0.7	110	
Arnotts Sponge Cake Iced Vovo	1	1520	3.4	10.0	6.0	-	-	-	63.7	42.5	0.9	284	-	1	33.0	501	1.1	3.3	2.0	-	-	-	21.0	14.0	0.3	94	
Arnotts Brownie Caramel Crown	1.5	1860	5.2	21.0	7.9	-	-	-	57.6	37.0	3.0	292	-	1	36.0	670	1.9	7.6	2.8	-	-	-	20.7	13.3	1.1	105	
FANCY																											
Fruits & Roots Choc & Berry Cookies with Beetroot	1	1660	3.2	18.7	12.5	-	-	-	51.0	31.3	5.5	370	-	2	35.0	581	1.1	6.6	4.4	-	-	-	17.8	10.9	1.9	129	
Fruits & Roots Apple & Oat Cookies with Carrot	1.5	1770	4.6	17.8	10.8	-	-	-	58.4	24.1	5.5	466	-	2	35.0	620	1.6	6.2	3.8	-	-	-	20.5	8.4	1.9	163	
Fruits & Roots Coconut & Apricot Cookies with Sweet Potato	0.5	1910	3.5	28.0	21.4	-	-	-	45.8	29.0	5.3	395	-	2	35.0	669	1.2	9.8	7.5	-	-	-	16.0	10.1	1.9	138	
Simple Batch Vanilla Butter Biscuits	0.5	2150	4.6	27.3	18.2	-	-	-	61.3	22.5	2.1	356	-	2	24.0	516	1.1	6.6	4.4	-	-	-	14.7	5.4	0.5	86	
Simple Batch Honey Cinnamon Butter Biscuits	0.5	2160	4.6	27.8	17.7	-	-	-	61.0	22.7	2.3	358	-	2	24.0	518	1.1	6.7	4.2	-	-	-	14.6	5.4	0.5	86	
Simple Batch Anzac Biscuits	0.5	2130	5.1	26.6	18.8	-	-	-	60.5	30.0	4.3	342	-	2	26.7	569	1.3	7.1	5.0	-	-	-	16.1	8.0	1.1	91	
Simple Batch Choc Coconut Biscuits	0.5	2160	5.6	28.8	20.6	-	-	-	55.8	29.5	6.0	411	-	2	26.7	577	1.5	7.7	5.5	-	-	-	14.9	7.9	1.6	110	
Fun Sticks Choc	1.5	1970	4.7	18.1	7.9	-	-	-	70.3	33.6	3.2	240	-	M/P	18.0	355	0.8	3.3	1.4	-	-	-	12.7	6.0	0.6	43	
Fun Sticks Vanilla	1.5	1970	3.1	18.1	7.7	-	-	-	71.8	32.5	3.1	245	-	M/P	18.0	355	0.6	3.3	1.4	-	-	-	12.9	5.8	0.6	44	
Honey Jumbles	1.5	1610	4.3	4.6	2.0	-	-	-	80.0	49.2	1.6	252	-	2	20.8	335	0.9	0.9	0.4	-	-	-	16.6	10.2	0.3	52	
Hundreds & Thousands	1.5	1710	4.1	8.0	4.0	-	-	-	78.4	45.8	1.6	229	-	2	16.6	284	0.7	1.3	0.7	-	-	-	13.0	7.6	0.3	38	
Iced Animals	1.5	1720	4.9	8.3	4.0	-	-	-	77.5	39.8	1.9	201	-	4	23.5	404	1.2	2.0	0.9	-	-	-	18.2	9.4	0.5	47	
Iced Vo Vo	1	1760	3.6	11.6	7.6	-	-	-	73.6	44.1	2.5	205	-	1	13.1	231	0.5	1.5	1.0	-	-	-	9.6	5.8	0.3	27	
Lattice	0.5	2160	11.2	27.3	22.8	-	-	-	55.3	11.9	3.5	390	-	2	20.0	432	2.2	5.5	4.6	-	-	-	11.1	2.4	0.7	78	
Raspberry Shortcake	1.5	1840	4.1	17.3	9.4	-	-	-	65.8	32.1	2.3	168	-	1	15.6	287	0.6	2.7	1.5	-	-	-	10.3	5.0	0.4	26	
Tic Toc	1.5	1810	4.6	12.8	6.2	-	-	-	73.0	38.8	1.8	220	-	2	17.8	322	0.8	2.3	1.1	-	-	-	13.0	6.9	0.3	39	
Tina Wafer	0.5	2180	2.8	26.0	12.9	-	-	-	68.4	44.2	1.8	53	-	2	16.7	364	0.5	4.3	2.2	-	-	-	11.4	7.4	0.3	9	
Triple Wafer	0.5	2180	3.0	25.6	12.7	-	-	-	68.6	43.4	1.8	55	-	2	14.3	312	0.4	3.7	1.8	-	-	-	9.8	6.2	0.3	8	
Venetian	0.5	2180	4.5	27.8	20.1	-	-	-	62.1	37.6	2.2	380	2.0	1	12.5	273	0.6	3.5	2.5	-	-	-	7.8	4.7	0.3	47	



NUTRITION VALUES FOR ARNOTT'S SWEET BISCUITS : AVERAGE VALUES PER 100g AND PER SERVE. © MARCH 2019

This information is correct as of 1 March 2019. We regularly review our formulations, so please always check the product label.

	Per 100g													Per serve													
	HEALTH STAR RATING	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	Fruit %	No. bisc.	Size g	Energy kJ	Protein g	Fat g	Sat Fat g	Trans g	Poly g	Mono g	Carb g	Sugars g	Fibre g	Sodium mg	
FRUIT																											
Full O' Fruit	2.5	1480	4.6	5.7	2.9	-	-	-	68.0	44.8	4.6	141	54.0	2	20.0	296	0.9	1.1	0.6	-	-	-	13.6	9.0	0.9	28	
Snack Right Fruit Pillow Wild Berry	2.5	1590	4.1	7.4	2.4	0.0	1.5	3.5	70.7	43.5	5.1	240	39.5	2	33.4	531	1.4	2.5	0.8	0.0	0.5	1.2	23.6	14.5	1.7	80	
Snack Right Fruit Slice Sultana	2.5	1500	5.3	2.9	0.7	0.0	0.8	1.4	73.7	50.5	6.1	150	56.0	3	30.0	450	1.6	0.9	0.2	0.0	0.2	0.4	22.1	15.2	1.8	45	
Snack Right Fruit Slice Sultana & Chocolate	2	1670	5.2	9.5	5.2	0.0	0.7	3.6	70.8	51.3	5.0	128	42.0	2	25.0	418	1.3	2.4	1.3	0.0	0.2	0.9	17.7	12.8	1.3	32	
Spicy Fruit Roll	1.5	1580	4.0	6.4	3.3	-	-	-	74.7	52.5	1.1	168	45.0	2	33.4	528	1.3	2.1	1.1	-	-	-	25.0	17.5	0.4	56	
Tiny Teddy																											
Tiny Teddy & Spotty Dog Chocolate Chip	2	1850	6.9	13.7	6.9	-	-	-	70.1	26.4	4.6	287	-	M/P	23.0	426	1.6	3.2	1.6	-	-	-	16.1	6.1	1.1	66	
Tiny Teddy Chocolate	2	1850	7.4	13.3	6.3	-	-	-	70.6	25.8	4.4	333	-	M/P	25.0	463	1.9	3.3	1.6	-	-	-	17.7	6.5	1.1	83	
Tiny Teddy Chocolate Chip	1.5	1930	8.5	14.3	7.6	-	-	-	71.7	26.6	4.3	330	-	M/P	25.0	483	2.1	3.6	1.9	-	-	-	17.9	6.7	1.1	83	
Tiny Teddy Half Coat Milk Chocolate	1.5	1960	6.8	18.2	10.3	-	-	-	66.4	32.4	4.9	321	-	M/P	25.0	490	1.7	4.6	2.6	-	-	-	16.6	8.1	1.2	80	
Tiny Teddy Honey	1.5	1860	6.9	13.4	7.1	-	-	-	71.3	25.1	4.5	346	-	M/P	25.0	465	1.7	3.4	1.8	-	-	-	17.8	6.3	1.1	87	
Tiny Teddy Hundreds & Thousands	1.5	1840	5.0	12.5	6.6	-	-	-	74.1	29.3	4.6	292	-	M/P	23.0	423	1.1	2.9	1.5	-	-	-	17.0	6.7	1.1	67	
Tiny Teddy Oat & Honey	4	1810	6.9	13.9	2.6	-	-	-	64.4	17.1	9.9	221	-	M/P	21.0	380	1.4	2.9	0.5	-	-	-	13.5	3.6	2.1	46	
Tiny Teddy Cheese Crackers	4	1840	6.9	21.1	2.1	-	-	-	57.7	4.0	10.0	394	-	M/P	21.0	386	1.5	4.4	0.4	-	-	-	12.1	0.8	2.1	83	



NUTRITION VALUES FOR ARNOTT'S CHOCOLATE: AVERAGE VALUES PER 100g AND PER SERVE. © APRIL 2019

This information is correct as of 1 April 2019. We regularly review our formulations, so please always check the product label.

	Per 100g										Per serve									
	HEALTH STAR RATING	Energy kJ	Protein g	Fat g	Sat Fat g	Carb g	Sugars g	Fibre g	Sodium mg	Fruit %	Serve Size		Energy kJ	Protein g	Fat g	Sat Fat g	Carb g	Sugars g	Fibre g	Sodium mg
											No.	g								
CHOCOLATE BLOCKS																				
Chocolate Block Jatz	0.5	2300	6.9	34.3	19.0	52.7	41.8	2.3	194	-	1 row	24.3	559	1.7	8.3	4.6	12.8	10.1	0.6	47
Chocolate Block Scotch Finger	0.5	2280	6.8	33.4	19.9	53.8	43.6	2.2	158	-	1 row	24.3	554	1.6	8.1	4.8	13.1	10.6	0.5	38
Chocolate Block Wagon Wheel	0.5	2250	6.6	32.1	19.1	54.6	47.5	2.3	102	-	1 row	24.3	547	1.6	7.8	4.6	13.3	11.5	0.6	25
Chocolate Block Ginger Nut	0.5	2160	4.2	27.9	16.5	60.6	53.2	4.0	72	-	1 row	24.3	525	1.0	6.8	4.0	14.7	12.9	1.0	18
Chocolate Block Iced VoVo	0.5	2270	6.4	33.0	20.3	54.0	47.2	2.6	97	-	1 row	24.3	552	1.6	8.0	4.9	13.1	11.5	0.6	24
Chocolate Bar Iced VoVo	0.5	2270	6.4	33.0	20.3	54.0	47.2	2.6	97	-	½ bar	22.5	511	1.4	7.4	4.6	12.2	10.6	0.6	22
Chocolate Bar Jatz	0.5	2300	6.9	34.3	19.0	52.7	41.8	2.3	194	-	½ bar	22.5	518	1.6	7.7	4.3	11.9	9.4	0.5	44
Chocolate Bar Scotch Finger	0.5	2280	6.8	33.4	19.9	53.8	43.6	2.2	158	-	½ bar	22.5	513	1.5	7.5	4.5	12.1	9.8	0.5	36
Chocolate Bar Wagon Wheel	0.5	2250	6.6	32.1	19.1	54.6	47.5	2.3	102	-	½ bar	22.5	506	1.5	7.2	4.3	12.3	10.7	0.5	23